Appendix 11: SWIFT Child Safety Risk and Exposure Interview Guide: Adolescents

Briefing and telephonic assent:

Hi there \_\_\_\_\_, I’m \_\_\_\_\_\_\_\_. Your X [mom/dad/granny etc.] said that this would be a good time to talk to you. Is it?

*If no - When would you like to talk to us? We’ll need about 20 minutes.* Book when it’s possible

[\* only begin only once participant has answered yes and the time is as arranged]

Thank you for making the time to speak to me. You would have spoken to one of our team already, when they asked you a few questions about your life and your relationship with your X (parent/caregiver role). I wanted to know if we would be able to speak to you again about this but without the “Never”, “Sometimes”, “Often” answers. This time it's just going to be like a conversation.

The same as last time, we got permission to speak to you from your X, but even though they have given permission, I want to make sure **you** are okay with speaking to me again. Before you decide if you are okay to talk to me, I want to tell you a little bit more about everything like the last time so that you know what you are saying yes to. As I explain things I will keep asking if you understand, please let me know if I was being confusing or used a word or spoke about something you didn’t understand. Can I go ahead and explain?

This phone call will only take us about 30 minutes. I’m not sure if you remember but I’m working on a project that offers support to parents and caregivers through WhatsApp. We are looking at how it's working and how the children have found it. We want to hear what your experience of it was. There are no right or wrong answers here. Just be honest, we just want to hear what **you** think. Your family won’t know what you have answered. We will only share something with them if we are worried about your safety and we will first let you know and speak to you about it before we share it. Do you have any questions about this?

I am working with other people on this project. I want to share the important things that you tell me but when I share it, I will give you a different name. We want to keep your name and identity secret so we will use another name for you when we share anything. Would you like to choose the name we use for you?

If it's okay with you I will be recording this phone call, so I can remember your answers later. Only the people working with me on this project will hear what you shared but we won’t share your real name with anyone. Do I have permission to record?

Even if you give me permission to have this conversation with you, if you change your mind at any point or if you don’t want to answer something specific then you can just let me know.

Do you have any questions?

Can I have your permission to have this conversation with you?

If yes\* - Thank you so much, can we begin?

If they say no - no problem at all, thanks for listening to me.

*Thanks again for making the time to talk to me. I want to make sure that you are in a place where you feel safe to talk. Are you in a place where you feel like you can talk without being overheard by anyone who you don’t want to hear your answers?* (wait for answer)

If they aren’t*: Would you like to move?*

If they are or once they have moved: *If someone comes into the room you can just tell me to pause and I will wait until you let me know when it's okay to continue.*

Home life and relationship with User

1. Can you tell me a bit about your family?

* Who lives at home with you?
* Who is the main person who looks after you? -

Probe - Is this the person who has been working through the program?

Probe - If not, who is the person who worked through the program to you? What do you call them? (Interviewer to refer to X as this for the rest of the interview, e.g. your dad)

1. Did X tell you that they were working through a parenting program on Whatsapp? (If not, remind them about what ParentText was about)

* How did they tell you about it? What did they say about it?
* Did your X ever show you the WhatsApp lessons on their phone? If yes - What parts do you remember them showing you?
* There were some homework activities that they did with you. Which of these homework activities do you remember? Any others?
  + Probe: Do they still do any of these activities?

1. What is your relationship with X like?

* Was it always like this? Did you notice any changes since they started working through the parenting program?

Probe: What were the changes they noticed? What's improved? What, if anything, got worse or more difficult?

* Since X did the program, have you spent more special time together? What sorts of things do you do together with your X during this time, which you didn’t do before they worked through the WhatsApp programme? added anything to what you do together that is your special time together? (probing quality time)
* Since X did the program do **you** find it any easier to talk to them about things that worry you?
* Since X did the program does it seem like **they** find it easier to talk to you about difficult things?

4. Did X ever show you the help menu in the whatsapp programme?

* You don’t have to tell me the exact reason unless you want to but have you ever used the help menu for anything? If yes, did it help?

Module 2 questions

There were two parts to the programme your x went through. The first part was about your relationship, the second one, the one I want to talk to you about now, is about keeping your child safe. Talking about keeping you safe might be a bit hard if there have been times when you haven’t actually felt safe. So some of these might feel more emotional or hard to talk about. I would like to talk to you about it because it's important that we understand how to make the program better and how to make sure that it helps children to stay safe and have better conversations with the people who are looking after them so that children will be and feel as safe as possible.

Please remember that while I’m asking you about these things and you would like to skip a question, let me know but also let me know if you would like to speak about something a bit longer so that I really understand what this part of the program was like for you. I will let you guide me through this next section as to what you need. Let me know if you want to stop, pause or stay a bit longer on one of the questions. Okay?

5*.* One of the lessons was on community safety and how to talk to your child about it. Can you remember your X talking to you about it? What do you remember them saying about it?

* Did you draw a map of your community? How did you find the activity?
* Did it make you think about safety in your community differently? What was your new thinking?
* Have you thought about your community in this way again, thinking about how there might be safe and unsafe places? Is there any other space you think about in this way now? (Probe)

6. One of the lessons was on online safety. Can you remember X talking to you about it? What do you remember them saying about it?

* Is there anything new you learnt about keeping safe online?
* How are you doing things differently with your phone now?
* How are you doing things differently when you are on the internet?
* Have you had conversations since then with your X about phone and online safety? How did they go?

7. One of the lessons was on having conversations about different risky, or potentially dangerous, situations. Can you remember X talking to you about it?

* The homework was the “know it, see it, say it, do it” activity. Do you remember doing this? (Remind of activity in case they don’t remember). How did you find the activity?
* Did it make you think of anything you hadn’t thought about before? What was that?
* Have you remembered this lesson since? Have you used it since?

When we did the other telephone call with you, we asked you questions about some risky situations. Just to remind you, the situations which we asked you about was 1) spending time with friends that your parent/caregiver doesn’t know or doesn’t trust, 2) going to a tavern, or drinking alcohol with your friends, 3) being out of the house at night alone, or where your x didn’t know where you were, or you came home later than your x expected, and 4) getting a lift in a car from someone you don’t know.

* I wanted to ask you to think back to when your x spoke about any of these situations with you. How was it for you? How did they bring it up? How did the conversation go?
* Have you spoken about keeping safe in any of those situations again more recently? How were those conversations? Do you think your X is getting better at how they talk to you about these things? What could be better?
* How do you think you are doing at having these conversations? Do you ever bring up conversations about safety first?
* Are there any risky situations which you feel should be included?

8. One of the lessons was on preventing sexual violence. In case you aren’t sure what that is, sexual violence is when something is said or done to you in a sexual way that is against the law or you don’t want to happen. Did X speak to you about keeping safe from situations where there is a risk of sexual violence since they started working through the program?

* How did they have this conversation with you?
* How did you feel having the conversation?
* Did X speak to you about getting sexual comments from men or women who are older than you?

I want to go through some of the situations which your X might have spoken to you about when it comes to keeping safe from sexual violence.

Has your X ever talked to you about feeling pressured to have a boyfriend or girlfriend?

* Can you remember what they said about it?
* How did you feel having the conversation?
* Have you had conversations about this since?

Has your X ever talked to you about being touched in a sexual way when you did not want to be touched?

* Can you remember what they said about it?
* How did you feel having the conversation?
* Have you had conversations about this since?

Has your X ever talked to you about being shown something sexual that you didn’t want to see?

* Can you remember what they said about it?
* How did you feel having the conversation?
* Have you had conversations about this since?

Has your X ever talked to you about having to do anything sexual that you didn’t want to do?

* Can you remember what they said about it?
* How did you feel having the conversation?
* Have you had conversations about this since?

9. One of the lessons was on responding to crises.

* Can you remember having a conversation about how to best respond to a crisis?
* Do you feel like you can talk to X if you have a crisis? Has it got any better since you had this conversation?
* Have you used any lessons you learned in this conversation when a new crisis came up?

10. What do you think we need to add to this program for the parents?

11. Was there anything extra that you feel you need your X to help you with that we should add in the WhatsApp programme?

I don’t have any more questions for you. Thank you so much for talking to me. I really appreciate that you were willing to share with me. What you have shared will help us to make sure that we support families like yours as best we can. Is there anything else that you’d like to ask me, or that you want me to know?

How did you find answering the questions? Was there anything that made you feel scared or worried when answering my questions? We can talk about it.

*If they say nothing concerns them -* If after you are finished talking to me today you are feeling emotional or want to talk to someone about something that's worrying you, do you know about the Childline number that you can call for free? If you call 116, trained people answer those calls and know how to help children with any problem.

To say thank you for answering our questions, we would like to give you a data bundle. Can I send the voucher number to this cell phone number? What service provider are you with, e.g. MTN, Vodacom?

*If you have any more questions for me after this phone call, please send us a WhatsApp. This is our number if you want to write it down or save it in your phone:* insert study whatsapp number.

Alright, we’ve come to the end of our conversation. Thanks again for taking the time to speak with us today. Your responses have been very helpful!